

Anti-Racism Study

Everyone will be invited to journal throughout this study. This study is going to be asking a lot from you. We will be asking you to dig deeper and examine who you are and who God is calling you to be. We are going to have hard conversations, as well as learn really hard material. It is important to come to these conversations, discussions, and studies with an open mind and heart. Pastor Devon is not an expert in this AT ALL. But is willing to walk this journey of deeper discovery with all of you. It is my hope that we will engage in a way that brings light to our current situation, hope for the future, and a way forward that can bring healing.

Dates <i>(June 26-July 15)</i>	Topic	Zoom and On Own	Link/Journal Question
Friday, June 26	Watch: Just Mercy	Movie Night	Just Mercy is available for free on many different platforms. It is available for free on YouTube and Netflix and Prime Video on Amazon. If you are using YouTube, here is the link: https://www.youtube.com/watch?v=q7MxXxFu6fI . Then click “rent/buy” and to rent it is free.
Wednesday, July 1	Overview and Racial Wealth Gap Simulation	Zoom Class	www.bread.org Video of the 10am discussion: https://www.youtube.com/watch?v=x1wDV4dOiBU&list=PLVXXVCBF15evt6YzKfR1LGulO9qsVu0kY&index=2&t=9s
Thursday, July 2	Write and Reflect: Journal	Journaling Time	Typically, Thursdays and Fridays will serve as a time of reflection through the act of journaling. Every week, you will be asked the similar questions about the week’s topics. After hearing others’ hopes, thoughts, and desires for our time together, and experiencing the “racial wealth gap” simulation, please spend time writing through the following questions (or just journal about your experience). <ol style="list-style-type: none"> 1. What did you learn? 2. What bothered you? 3. How can you grow from what you experienced? You will be encouraged to work through these questions after every activity. If you are more comfortable, you can also just journal about what you experienced through your learnings.
Friday, July 3	Write and Reflect: Journal	Journaling Time	Spend time journaling this weekend in reflection of it being the 4 th of July. Reflect on the word “independence” and what that means to you and people of color.
Monday, July 6	Watch: Race: The Power of Illusion	On Own-Video	<i>Each of these episodes is about 1 hour long. The cost through Vimeo would be \$4.99 to rent all 3 for 1 week. Here is the link:</i> https://vimeo.com/ondemand/race/ <i>If cost is an issue, you can watch clips of the videos.</i>

			<p><i>When the clip says “episode 1” then watch all those clips together on the same day. Here is the link for the clips:</i></p> <p>https://www.racepowerofanillusion.org/clips/</p> <p>Episode 1- The Difference Between Us examines the contemporary science - including genetics - that challenges our common sense assumptions that human beings can be bundled into three or four fundamentally different groups according to their physical traits.</p> <p>Spend time journaling after the video.</p>
Tuesday, July 7	Watch: Race: The Power of Illusion	On Own-Video	<p>Episode 2- The Story We Tell uncovers the roots of the race concept in North America, the 19th century science that legitimated it, and how it came to be held so fiercely in the western imagination. The episode is an eye-opening tale of how race served to rationalize, even justify, American social inequalities as "natural."</p> <p>Spend time journaling after the video.</p>
Wednesday, July 8	Biblical Imperative to Anti-Racism	Zoom Class	<p>Video of the 10am discussion:</p> <p>https://www.youtube.com/watch?v=Iariks2adbA&list=PLVXXVCBF15evt6YzKfR1LGulO9qsVu0kY&index=6&t=0s</p>
Thursday, July 9	Watch: Race: The Power of Illusion	On Own- Video	<p>Episode 3- The House We Live In asks, “If race is not biology, what is it?” This episode uncovers how race resides not in nature but in politics, economics and culture. It reveals how our social institutions "make" race by disproportionately channeling resources, power, status, and wealth to white people.</p> <p>Spend time journaling after the video.</p>
Friday, July 10	Write and Reflect: Journal	Journaling Time	<p>Typically, Thursdays and Fridays will serve as a time of reflection through the act of journaling. Every week, you will be asked the similar questions about the week’s topics.</p> <p>After watching the videos and hearing the discussions, and experiencing the “Race: The Power of Illusion,” please spend time writing through the following questions (or just journal about your experience).</p> <ol style="list-style-type: none"> 1. What did you learn? 2. What bothered you? 3. How can you grow from what you experienced?

			You will be encouraged to work through these questions after every activity. If you are more comfortable, you can also just journal about what you experienced through your learnings.
Monday, July 13	Read: How White People Got Made	On Own	https://medium.com/message/how-white-people-got-made-6eeb076ade42
Tuesday, July 14	Listen: How Does Racism Affect Your Health?	On Own	https://www.kvpr.org/post/mary-bassett-how-does-racism-affect-your-health
Wednesday, July 15	Envisioning a New Way and Life Together	Zoom class	Video of the 10am discussion: https://www.youtube.com/watch?v=HW85ugn7-wM

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Date <i>(July 16-22)</i>	Topic	Zoom and On Own	Link/Journal Question
Thursday, July 16	Write and Reflect: Journal	Journaling Time	<p>Typically, Thursdays and Fridays will serve as a time of reflection through the act of journaling. Every week, you will be asked the similar questions about the week's topics.</p> <p>Please spend time writing through the following questions based on our learnings, experiences, and conversations from the week (or just journal about your experience).</p> <ol style="list-style-type: none"> 1. What did you learn? 2. What bothered you? 3. How can you grow from what you experienced? <p>You will be encouraged to work through these questions after every activity. If you are more comfortable, you can also just journal about what you experienced through your learnings.</p>
Friday, July 17	Watch: Do Not Resist	Movie Night	Do Not Resist is on YouTube. To rent the movie, it is \$2.99. https://www.youtube.com/watch?v=bcZ1HvdPEEk
Monday, July 20	Read: The Injustice of This Moment Is Not an 'Aberration'	On Own	https://www.nytimes.com/2020/01/17/opinion/sunday/michelle-alexander-new-jim-crow.html?smid=nytcore-ios-share
Tuesday, July 21	Listen: Black Like Me	On Own	<p>https://www.alexgee.com/category/blacklikeme/</p> <p>Choose any of the podcasts (or all of them) to listen to from Dr. Alex Gee.</p> <p>“Black Like Me with Dr. Alex Gee is a podcast that invites you to experience the world through the perspective of one Black man, one conversation, one story, or even one rant at a time.”</p>
Wednesday, July 22	Racism 101	Zoom Class	<p>Video of the 10am discussion:</p> <p>https://www.youtube.com/watch?v=5cqAxBdZVuM</p>

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Date <i>(July 23-29)</i>	Topic	Zoom and On Own	Link/Journal Question
Thursday, July 23	Write and Reflect: Journal	Journaling Time	<p>Typically, Thursdays and Fridays will serve as a time of reflection through the act of journaling. Every week, you will be asked the similar questions about the week's topics.</p> <p>Please spend time writing through the following questions based on our learnings, experiences, and conversations from the week (or just journal about your experience).</p> <ol style="list-style-type: none"> 1. What did you learn? 2. What bothered you? 3. How can you grow from what you experienced? <p>You will be encouraged to work through these questions after every activity. If you are more comfortable, you can also just journal about what you experienced through your learnings.</p>
Friday, July 24	Watch: I Am Not Your Negro	Movie Night	<p>I Am Not Your Negro on YouTube, cost to rent this is \$2.99. (Free on Netflix)</p> <p>https://www.youtube.com/watch?v=VXfzFh0eBZQ</p>
Monday, July 27	Read: White Fragility	On Own	<p>https://libjournal.uncg.edu/ijcp/article/viewFile/249/116</p>
Tuesday, July 28	Listen: Seeing White	On Own	<p>https://www.sceneonradio.org/seeing-white/</p> <p>Listen to any of the podcasts (or all of them) from the 14-part "Seeing White" series on Scene Radio.</p> <p>"Just what is going on with white people? Police shootings of unarmed African Americans. Acts of domestic terrorism by white supremacists. The renewed embrace of raw, undisguised white-identity politics. Unending racial inequity in schools, housing, criminal justice, and hiring. Some of this feels new, but in truth it's an old story. Why? Where did the notion of "whiteness" come from? What does it mean? What is whiteness for? Scene on Radio host and producer John Biewen took a deep dive into these questions, along with an array of leading scholars and regular guest Dr. Chenjerai Kumanyika, in this fourteen-part documentary series, released between February and August 2017. The series editor is Loretta Williams."</p>
Wednesday, July 29	PCUSA and Racial Reconciliation	Zoom Class	<p>Video of the 10am discussion:</p> <p>https://www.youtube.com/watch?v=ZRRiIoLy2XQ</p>

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Date <i>(July 30-Aug. 5)</i>	Topic	Zoom and On Own	Link/Journal Question
Thursday, July 30	Write and Reflect: Journal	Journaling Time	<p>Typically, Thursdays and Fridays will serve as a time of reflection through the act of journaling. Every week, you will be asked the similar questions about the week's topics.</p> <p>Please spend time writing through the following questions based on our learnings, experiences, and conversations from the week (or just journal about your experience).</p> <ol style="list-style-type: none"> 1. What did you learn? 2. What bothered you? 3. How can you grow from what you experienced? <p>You will be encouraged to work through these questions after every activity. If you are more comfortable, you can also just journal about what you experienced through your learnings.</p>
Friday, July 31	Watch: Selma	Movie Night	<p>Selma is on YouTube. It is free on YouTube, just click the rent/buy button to watch.</p> <p>https://www.youtube.com/watch?v=Abkka8Vf2_M</p>
Monday, August 3	Read: White Privilege: Unpacking the Invisible Knapsack	On Own	<p>https://nationalseedproject.org/images/documents/Knapsack_plus_Notes-Peggy_McIntosh.pdf</p>
Tuesday, August 4	Listen: Without Slavery, Would The U.S. Be The Leading Economic Power?	On Own	<p>https://www.wbur.org/hereandnow/2014/11/19/slavery-economy-baptist</p>
Wednesday, August 5	Enduring Legacy Racism in the US	Zoom Class	<p>Video of the 10am discussion:</p> <p>https://www.youtube.com/watch?v=eaJuzYc2VII&list=PLVXXVCBF15evt6YzKfR1LGulO9qsVu0kY&index=9&t=0s</p>

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Date <i>(August 6-12)</i>	Topic	Zoom and On Own	Link/Journal Question
Thursday, August 6	Write and Reflect: Journal	Journaling Time	<p>Typically, Thursdays and Fridays will serve as a time of reflection through the act of journaling. Every week, you will be asked the similar questions about the week's topics.</p> <p>Please spend time writing through the following questions based on our learnings, experiences, and conversations from the week (or just journal about your experience).</p> <ol style="list-style-type: none"> 1. What did you learn? 2. What bothered you? 3. How can you grow from what you experienced? <p>You will be encouraged to work through these questions after every activity. If you are more comfortable, you can also just journal about what you experienced through your learnings.</p>
Friday, August 7	Watch: 13 th	Movie Night	<p>13th is free on YouTube and available on Netflix as well. Here is the link on YouTube: https://www.youtube.com/watch?v=krfcq5pF8u8</p>
Monday, August 10	Read: Explaining White Privilege To A Broke White Person	On Own	<p>http://www.huffingtonpost.com/gina-crosleycorcoran/explaining-white-privilege-to-a-broke-white-person_b_5269255.html?utm_hp_ref=tw</p>
Tuesday, August 11	Listen: Oklahoma To Incorporate 1921 Tulsa Race Massacre Into Statewide School Curriculum	On Own	<p>https://www.wbur.org/onpoint/2020/02/28/tulsa-race-massacre-school-curriculum</p>
Wednesday, August 12	Responding as a Community of Faith	Zoom Class	<p>Video of the 10am discussion:</p> <p>https://www.youtube.com/watch?v=LGcffA6sf04&list=PLVXXVCBF15evt6YzKfR1LGulO9qsVu0kY&index=10&t=0s</p>

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Date <i>(August 13-20)</i>	Topic	Zoom and On Own	Link/Journal Question
Thursday, August 13	Write and Reflect: Journal	Journaling Time	<p>Typically, Thursdays and Fridays will serve as a time of reflection through the act of journaling. Every week, you will be asked the similar questions about the week's topics.</p> <p>Please spend time writing through the following questions based on our learnings, experiences, and conversations from the week (or just journal about your experience).</p> <ol style="list-style-type: none"> 1. What did you learn? 2. What bothered you? 3. How can you grow from what you experienced? <p>You will be encouraged to work through these questions after every activity. If you are more comfortable, you can also just journal about what you experienced through your learnings.</p>
Friday, August 14		On Own	
Monday, August 17	Read: Guide to Allyship	On Own	https://guidetoallyship.com
Tuesday, August 18	Notice: Awareness Test	On Own	https://www.youtube.com/watch?v=Ahg6qcgoay4 Activity and reflection questions for "Notice" are below
Wednesday, August 19	Wrap Up and Next Steps		Video of the 10am discussion: https://www.youtube.com/watch?v=O_pc8rZI68Q
Thursday, August 20	Write and Reflect: Journal	Journaling Time	<p>Today is the last day we are asking you to journal through this study. As you write today and in the days to follow, you are encouraged to write through what you have learned, how you have grown, what is God calling you to do, and what are your next steps.</p> <p>This journey has been a difficult one for many of us. Seeing through a new lens is hard and waking up to a new reality is even harder. Thank you for continuing the journey with us.</p>

Notice: The Awareness Test

Once people start to learn about white privilege and America's systems of oppression through history, they often ask, "Why didn't I see this sooner?" It's easy to overlook what we're not looking for. Once you understand the phenomenon of selective noticing, take yourself on a noticing adventure.

1) Start by watching the [Test Your Awareness: Do The Test](#)

2) Then...go out in the world and change up what you notice. Here's some of what you might look for:

- Who is and is not represented in ads?
- Who are your ten closest friends? What is the racial mix in this group?
- As you move through the day, what's the racial composition of the people around you? On your commute? At the coffee shop you go to? At the gym? At your workplace? At the show you go on the weekend?
- What percentage of the day are you able to be with people of your own racial identity?
- Notice how much of your day you are speaking about racism. Who are you engaging with on these issues? Who are you not? Why do you think this is?
- What are the last five books you read? What is the racial mix of the authors?
- What is the racial mix of the main characters in your favorite TV shows? Movies?
- What is the racial mix of people pictured in the photos and artwork in your home? In your friend, family, and colleagues' homes?
- Who is filling what kinds of jobs/social roles in your world? (e.g. Who's the store manager and who's stocking the shelves? Who's waiting on tables and who's bussing the food?) Can you correlate any of this to racial identity?
- Who do you notice on magazine covers? What roles are people of color filling in these images?
- If you're traveling by car, train, or air, do you notice housing patterns? How is housing arranged? Who lives near the downtown commerce area and who does not? Who lives near the waterfront and who does not? Who lives in industrial areas and who does not? What is the density of a given neighborhood? Can you correlate any of this to racial identity?

Resources For Continued Study And Understanding And Action

Books (not fully inclusive, but many options):

- Waking up White by Debby Irving
- White Fragility by Robin DiAngelo
- How to Be An Anti-Racist by Ibram X. Kendi
- Why Are All the Black Kids Sitting Together in the Cafeteria? (Updated version) By Beverly Daniel Tatum
- I'm Still Here: Black Dignity for a World Made for Whiteness by Austin Channing Brown
- An Indigenous Peoples' History of the United States by Roxanne Dunbar-Ortiz
- So You Want to Talk About Race by Ijeoma Oluo
- Me and White Supremacy by Layla F. Saad
- White Too Long: The Legacy of White Supremacy in American Christianity by Robert Jones
- The End of White Christian America by Robert Jones
- America's Original Sin: Racism, White Privilege and the Bridge to a New America by Jim Wallis

(a link to other books: https://www.scarymommy.com/stop-asking-people-color-explain-racism/?utm_source=FB&fbclid=IwAR1xBQOSGU-zbZOKboyyKWP8EXeewfmCRwD9HCBiFIDTs6Ph-zXxcC-7Jkk)

Black Church Food Security:

- <https://blackchurchfoodsecurity.net>

Black Lives Matter:

- <https://blacklivesmatter.com/about/>
- <https://blacklivesmatter.com/what-we-believe/>

Bread for the World:

- <https://www.bread.org>
- <https://www.bread.org/library/racial-wealth-gap-learning-simulation>

Bread for the World (Mass Incarceration):

- <https://www.bread.org/library/mass-incarceration-major-cause-hunger>

Bryan Stevenson-Injustice

- https://www.ted.com/talks/bryan_stevenson_we_need_to_talk_about_an_injustice#t-1254141

Eddie Moore Jr (this is the main resource we used to put together this study)

- <https://www.eddiemoorejr.com/21daychallenge>

Get in the Way with John Lewis:

- <https://www.pbs.org/show/john-lewis-get-in-the-way/>

How to Be an Anti-Racist:

- <https://www.youtube.com/watch?v=-VyIemUvoEQ>

Kyle Quinn-Cultural Bias

- https://www.ted.com/talks/kyle_quinn_what_marrying_an_immigrant_taught_me_about_cultural_bias

Police Brutality:

- <https://www.theguardian.com/us-news/series/counted-us-police-killings>

Presbyterian Mission

- <https://facing-racism.pcusa.org>
- <https://www.pcusa.org/news/2020/8/17/regarding-ruling-elders-monthly-series-serving-fai/>

Race: The Power of Illusion

- <http://newsreel.org/video/RACE-THE-POWER-OF-AN-ILLUSION>
- <https://vimeo.com/ondemand/race/>

St. Luke's UMC in Orlando (Pastor Devon has attended food insecurity workshops/trainings with St. Luke's and will be participating in ongoing initiatives related to hunger with them):

- <http://www.st.lukes.org/justice-resources/>

SURE Sarasota:

- <http://www.suresarasota.org>

Ted Talks

- Bryan Stevenson: We need to talk about an injustice- <http://go.ted.com/jleAcw>
- Jennifer L. Eberhardt: How racial bias works -- and how to disrupt it-<https://go.ted.com/6K5x>
- Ingrained Injustice- <https://www.ted.com/read/ted-podcasts/ted-radio-hour>

Uncomfortable Conversations with a Black Man

- <https://www.youtube.com/c/Acho/videos>

Voting Rights in Florida

- <https://floridarrc.com/about/>
- <https://wegotthevote.org/finesandfees/>

Week of Action:

- <https://www.pcusa.org/weekofaction/>

Youth Rising Coalition (Baltimore)

- <https://baltimorepresbytery.org/youth-rising/>

Miscellaneous Information:

- White Like Me: <https://vimeo.com/ondemand/whitelikeme>
- The Myth of Race, Debunked in 3 minutes- <https://www.youtube.com/watch?v=VnfKgfCZ7U&list=PLVXXVCBF15evt6YzKfR1LGulO9qsVu0kY&index=3&t=36s>
- How to Understand Power- Eric Liu- https://www.youtube.com/watch?v=c_Eutci7ack&list=PLVXXVCBF15evt6YzKfR1LGulO9qsVu0kY&index=3
- Eric Liu- Why Ordinary People Need to Understand Power <https://www.youtube.com/watch?v=Cd0JH1AreDw&list=PLVXXVCBF15evt6YzKfR1LGulO9qsVu0kY&index=4>
- Systemic Racism Explained- https://www.youtube.com/watch?v=YrHIQIO_bdQ
- Abram X. Kendi's video- <https://www.youtube.com/watch?v=xr5PErnQA8g>